# Trainingsplan 2022

Stand: 30.04.2022; Änderungen vorbehalten

## Montag

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 08:00 | | | | | | | | | | | |
| 09:00 | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | |
| 15:00 | | | | | Jugend | | | | | Jugend | |
| 16:00 | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | |
| 18:00 | | | | | | | | | | | |
| 19:00 | Hobby-Herren | | Hobby-Herren | | | | | Breitensport | | | |
| 20:00 | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | |

## Donnerstag

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 08:00 | | | | | | | | | | | |
| 09:00 | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | |
| 15:00 | | | | | | | | | | | |
| 16:00 | | | | | | | Jugend | | | | |
| 17:00 | | | | | | | | | | | |
| 18:00 | Herren 40 | | Damen 40/1 | | Hobby-Herren 1 | | | | | | |
| 19:00 | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | |

## Dienstag

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 08:00 | | | | | | | | | | | |
| 09:00 | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | |
| 15:00 | | | | | | | | | | | |
| 16:00 | Jugend | | | | | | | | | | |
| 17:00 | | | | | | | Herren 60 | | | | |
| 18:00 | Damen 1 | | Damen 2 | | Damen 40/2 | | | | | | |
| 19:00 | | | | | | | | | | | |
| 20:00 | Herren 2 | | | | | | | | | | |
| 21:00 | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | |

## Freitag

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 08:00 | | | | | | | | | | | |
| 09:00 | | | Herren 65 | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | |
| 14:00 | | | | | | | Jugend | | | | |
| 15:00 | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | |
| 17:00 | | | | | | | Hobby Freitag | | | | |
| 18:00 | | | | | | | | | | | |
| 19:00 | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | |

## Mittwoch

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 08:00 | | | | | | | | | | | |
| 09:00 | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | |
| 15:00 | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | |
| 17:00 | | | | | Herren 65 | | | | | | |
| 18:00 | | | | | | | | | | | |
| 19:00 | | | Herren 50 | | | | | | | | |
| 20:00 | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | |

## Samstag

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | Herren 1 | |
| 14:00 | | | | | | | | | | | |
| 15:00 | | | | | | | | | | | |

## Sonntag

| Uhrzeit | Platz 1 | Platz 2 | Platz 3 | Platz 4 | Platz 5 | Platz 6 | Platz 7 | Platz 8 | Platz 9 | Platz 10 | Platz 11 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 08:00 | | | | | | | | | | | |
| 09:00 | | | | | | | | Neumitglieder und Schnupper-training | | | |
| 10:00 | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 13:00 | | | | | | | | | | | |
| 14:00 | | | | | | | | | | | |